

Below is a presentation that I gave at the international conference “Future Perspectives on Intervention, Policy, and Research on Men and Masculinity” on March 9, 2011 at University of Laval, Quebec City, Canada. The title was “25 Years of the Gender Role Conflict Research: A Thematic and Empirical Summary. It the first report of the entire international GRC data base. The total number of international studies (outside the U. S.) using the Gender Role Conflict Scale is 60. These published manuscripts, dissertations, and APA conference presentations are listed at the end of this document.

PREMISE FOR CROSS CULTURAL GRC RESEARCH & PRACTICE

“THE ASSUMPTION THAT A SINGLE
MASCULINITY EXISTS (WHITE, MIDDLE
CLASS, HETEROSEXUAL, AMERICAN) IS
ERRONEOUS, SHORT SIGHTED, AND
BIASED.”

(O’Neil, 2008)

Cross Cultural Gender Role Conflict

International Use of the Gender Role Conflict Scale has:

- 1. Produced 60 studies outside the U.S.
- 2. Been Translated into 16 languages
- 3. Has produced 24 published studies, 22 dissertations, and 18 studies presented at the American Psychological Association

GRC Studies In Different Countries

Country	Number of Studies
Korea	11
Canada	9
Austrailia	8
Germany	5
Ireland	4
England	4
Indonesia, Japan, Phillippines	(Each 2)

GRC Studies In Different Countries

Country

Hungary
Columbia
Portugual
Taiwan
Poland
Russia
Tasmania
Costa Rica
Sweden
South Africa
Malta
Turkey
Iran
Egypt
China

Number of Studies

One study in
Each of These
Countries

International Factor Analyses

- Men in the Following Countries:
- Australia
- Portugual
- Korea
- Japan
- Sweden
- Germany
- Canada
- Indonesia

Psychometric Conclusion

Researchers reported that the psychometric qualities of the GRCS were acceptable for their samples and only minor differences in the factor structure or item loadings were found.

There are still significant cross cultural issues to be considered!

Diverse Men: Canadians

Gender Role Conflict is Empirically Correlated With:

- Suicidal Behavior
- Problems With Intimacy
- Negative Ego development
- Negative Attitudes Toward Help Seeking
- Rape myths

Diverse Men: Englishmen

Gender Role Conflict is Empirically
Correlated With:

Low Self Esteem

Care giver Strain

Depression

Diverse Men: Korean Men

Gender Role Conflict is Empirically
Correlated With:

Lower self esteem

Depression

Anxiety

Marital Dissatisfaction

Social and Self Stigma

Negative Attitudes Toward Help Seeking

Diverse Men: Australian Men

Gender Role Conflict is Empirically Correlated With:

Decreased well being
Substance abuse
Negative Attitudes Toward Help Seeking
Depression
Anxiety
Stress
Problems With Intimacy

Diverse Men: German Men

Gender Role Conflict is Empirically Correlated With:

Traditional Gender Roles

Anxiety

Depression

Work Dissatisfaction

Diverse Men: Japanese Men

Gender Role Conflict is Empirically
Correlated With:

Alexithymia

Negative Attitudes Toward Help Seeking

Diverse Men: Iranian & Egyptian Men

Negative Attitudes Toward Help Seeking

Negative Personality Characteristics

International Factor Analyses

- Men in the Following Countries:
- Australia
- Portugal
- Korea
- Japan
- Sweden
- Germany
- Canada
- Indonesia

Conclusion

Researchers reported that the psychometric qualities of the GRCS were acceptable for their samples and only minor differences in the factor structure or item loadings were found.

There are still significant cross cultural issues to be considered!

Total Number of International Studies (Outside the U. S.) Using the Gender Role Conflict Scale = 60

Published Journal Manuscripts Using the Gender Role Conflict Scale With International Samples 1999-2011 (N=24)

Baker, K.L., Robertson, N., & Connelly, D. (2010). Men caring for wives or partners with dementia: Masculinity, strain, and gain. *Aging and Mental Health*, 14, 319-327.

Birchill, I. (1999). Male gender role conflict, coping skills, and hopelessness. *Eisecth, Irish Association for Counselling and Therapy*, Summer, 2-8.

Chan, R.K. & Hayashi, K. (2010). Gender roles and help-seeking behavior and promoting help among Japanese men. *Journal of Social Work*, 10, 243-362.

Choi, H., Kim, J., Hwang, M., & Heppner, M.J. (2010). Self esteem as a mediator between instrumentality, gender role conflict, and depression in male Korean high school students. *Sex Roles*, 63, 361-372.

Choi, H., Kim, B., & Kim, J. (2005). Men's extroversion, neuroticism, gender role, gender role conflict, and subjective well-being. *The Korean Journal of Counseling*, 6, 61-73.

de Visser, R. (2009). Young men, masculinity, and alcohol. In A. Broom & P. Tovey (Eds.) *Men's health: Body, identity, and social context*. New York: Wiley

Dubravko, J. & Walker, G.A. (2006). Examining masculine gender-role conflict and stress in relation to religious orientation and spiritual well-being in Australian men. *The Journal of Men's Studies*, 14, 27-46.

Eimer, A. & Kidd, J.M. (2010). Understanding men's underutilisation of career counseling using gender role conflict theory. *Career Service Papers*, csp, 8/10, 19-31.

Hayashi, S. (1999). Masculinity and mental health: The relationship between men's attitudes toward male gender roles and mental health indices: anxiety, depression, affect regulation, and self esteem. *JASS (the Japanese Assembly for the Study of Sex) Proceedings*, 11, 2-11.

Heath, L.A. & Thomas, T. (2006). An intergenerational examination of male gender role conflict and psychological distress. *Australian Journal of Psychology*, 58, 144-144, Suppl. S.

Houle, J., Mishara, B.L., Chagnon, F. (2009). An empirical test of a mediational model of impact of the traditional male gender role on suicidal behavior in men. *Journal of Affective Disorders*. 107, 37-43.

Jurkovic, D., & Walker, G. (2006). Examining masculine gender role conflict and stress in relation to religious orientation and spiritual well-being in Australian men. *Journal of Men's Studies*, 14, 27-46.

Kim, J. (2003). Gender roles, gender role conflict, career indecision, vocational identity of Korean college students in female-dominant majors. *The Korean Journal of Career Education Research*, 16, 311-324.

Kim, J., Hwang, O., & Choi, H. (2005). Middle-aged men's gender role, gender role conflict, and marital satisfaction. *The Korean Journal of Counseling*, 6, 621-632.

Kim, J., Hwang, M., Ryu, J. (2003). The cultural validation of the Korean version of GRCS (K-GRCS). *Asian Journal of Education*, 4, 25-41.

Lease, S.H., Ciftci, A., Demir, A., & Boyraz, G. (2009). Structural validity of Turkish version of the Gender Role Conflict Scale and Male Role Norms Scale. *Psychology of Men and Masculinity*, 10, 273-287.

Mendoza, J. & Cummings, A.L. (2001). Help seeking and male gender role conflict in male betterers. *Journal of Interpersonal Violence*, 16, 833-840.

Monk, D. & Ricciardelli, L.A. (2003) Three dimensions of the male gender roles as correlates of alcohol and cannabis involvement in young Australian men. *Psychology of Men and Masculinity*, 4, 57-69.

Moradi, B., Tokar, D.M., Schaub, M. Jome, L.M. & Serna, G.S. (2000). Revisiting the structural validity of the gender role conflict scale. *Psychology of Men and Masculinity*, 1, 62-69.

Park, J. & Seok Seo, Y. (2009). Gender role conflict and willingness to seek counseling in male university students: Testing the mediating role of social stigma, self stigma, and attitudes toward seeking counseling. *The Korean Journal of Counseling and Psychotherapy*, 21, 25-48.

Senn, C.Y, Desmarais, S., Verberg, N. & Wood, E. (2000). Predicting coercive sexual behavior across the lifespan in a random sample of Canadian men. *Journal of Social and Personal Relationships*, 17, 95-113.

Theodore, H. & Lloyd, B.F. (2000) Age and gender role conflict: A cross-sectional study of Australian men. *Sex Roles*, 42, 1027-1042.

Wester, S.R., Kuo, B.C., & Vogel, D.L. (2006). Multicultural coping: Chinese Canadian adolescents, male gender role conflict, and psychological distress. *Psychology of Men and Masculinity*, 7, 83-100.

Wolfram, H., Mohr, G., Borchert, J. (2009). Gender role self concept, gender role conflict, and well being in male primary school teachers. *Sex Roles*, 60, 114-127.

Ph.D. Dissertations and Master's Theses on Gender Role Conflict Outside the United States: 1992-2011 (N=22)

Agoncillo, D.A., Del Rosario, J., & Nomil, M.A. (2004). Gender role conflict and person-job fit of male medical representatives. Honors Thesis, Department of Psychology, De La Salle University, Manila, Philippines.

Batty, Z. (2006). Masculinity and depression: Men's subjective experience of depression, coping, and preferences for therapy types and conditions. (Ph.D. Dissertation) University of Western Sydney, Penrith South D C NSW, 1797, Australia.

Bjerke, A. & Skillingstad, Y.E. (2002). Gender Role Conflict Scale in Sweden. Master Thesis (Institute of Psychology, Lunds University), Lund, Sweden, Psykologexamensuppsats, 4, 9.

Butler, M (2005). A gender comparison of relationships between gender role conflict and depression, anxiety, and stress in Australian university students. Psychology laboratory Report, RMIT University, Australia.

Cachia, P. (2001). The interplay of gender role conflict and adult attachment. (Master thesis, University of Malta), Department of Psychology, University of Malta, Malta.

Eimer, A. & Kidd, J. (2008). Understanding men's underutilisation of career counseling using gender role conflict theory. (Masters Thesis, University of London/Birkbeck, London, Great Britain.

Faria, M. (2000). Analysis of the components of gender role conflict. ULHT, Lisboa, Mestrado de Sexologia, Lisbon, Portugal.

Gulder, A. (1999). Male gender role conflict: A german translation of the Gender Role Conflict Scale. Diplomarbeit/thesis in psychology. JoHann Wolfgang Goeth University, Department of Psychology, Frankfurt am Main, Germany.

Heath, (2005). An examination of male gender role conflict and psychological distress. Minor Honours Thesis. RMIT University, Melbourne, Australia.

Holohan, S. (2008). Gender role conflict and therapist orientation: A study of the male psychotherapist of Irish Council of Psychotherapy. Master of Science Degree. Dublin City University, Dublin Ireland.

Houle, J. (2005). Help seeking, social support, and masculine gender role in men who attempted suicide. Unpublished doctoral dissertation, University of Quebec at Montreal, Montreal, Canada.

Isonza, V.D. (2009). Evaluating masculinity and gender role conflict: Basis for deconstructing gender development in social dimensions of education. Doctoral dissertation, University of San Carlos), Cebu City, Philippines.

- James, S.D. (2006). Gender role conflict, attachment style, interpersonal problems, and help seeking in adult men (Doctoral dissertation, University of Alberta). Dissertation Abstracts International, 44/03.
- Juno, P. (2008). Gender role conflict and willingness to seek counseling in male university students The mediating roles of social stigma and attitudes toward counseling. Department of Education, The Graduate Yon Sei University, Seoule, Korea.
- McAnulty, S.W. (1996). The effectiveness of a parenting program in reducing gender role conflict and changing male role norms on regional Australian fathers. Thesis for graduate diploma in Counseling Psychology Department, Department of Psychology, Monash University, Churchill, Victoria, Australia.
- McConville, G., (2004). Gender role conflict, health and exercise behaviour in Australian males. Postgraduate Thesis, Department of Psychology, Monash University, Churchill, Victoria, Australia.
- McMahon, J. (2009) Gender role conflict in gay men living in Ireland. Research Honor Project, Psychology Department, Dublin Business School, Dublin Ireland.
- Nahon, D. (1992). The effectiveness of "masculinist" group psychotherapy in the treatment of recently separated men. (Doctoral dissertation, University of Montreal, Montreal, Canada).
- Naully, M (2003) Men's Gender Role Conflict of Bataks, Minang (kabau)s and Javanese (Masters Thesis, University of Indonesia), Jakarta, Indonesia.
- Parcel, R. (2010). The Shame of Masculine Vulnerability Questionnaire: Development and initial validation. Sherbrooke University, Sherbrooke, Quebec, Canada.
- Park, J. (2010). Gender role conflict and willingness to seek counseling in male university students The mediating roles of social stigma and attitudes toward counseling. Department of Education, The Graduate Yon Sei University, Seoule, Korea.
- Ross, S. (2004). Masculinity in crisis: An investigation into patterns of gender role conflict between age groups. Bucks Chiltern University College, Bucks, Great Britain.
- Tate, N.S. (1998). Social support and depression in male GP surgery attendees: An investigation of the link with gender role conflict. (Doctoral dissertation, Clinical Psychology, University of Newcastle. Upon Tyne, England.
- Theodore, H. (1998). The relationship between gender role conflict and psychological well being across the life span: A cross-sectional study of Australian men. Honors Thesis in Psychology. Charles Sturt University, Bathurst, Australia.
- Torres Rivera, E. (1995). Puerto Rican men, gender role conflict, and ethnic identity. (Doctoral dissertation, University of Connecticut). Dissertation Abstracts International, 56/10, 4159.

Tsai, Y. (2000). The study of the relationship between gender role conflict and attitudes toward help seeking. (Master thesis, Department of Guidance and Counseling, National Changhua University of Education, Taiwan.

Research Papers Using the Gender Role Conflict Scale Presented at American Psychological Association Annual Conventions and Other Conferences On International Samples: 1984 – 2011(N=18)

Arnold, W.J., & Chartier, B.M. (May, 1984). Identity, fear of femininity and intimacy in males. Paper presented at the 45th annual convention of the Canadian Psychological Association, Ottawa, Canada.

Chartier, B.M, Graff, L.A., & Arnold, W.J. (June, 1986). Males socialization and hostility toward women. Paper presented at the 47th annual meeting of the Canadian Psychological Association, Toronto, Ontario.

Chartier, B.M., & Arnold, W.J. (June, 1985). Male socialization and the development of identity and intimacy in young college men. Paper presented at the 46th annual meeting of the Canadian Psychological Association, Halifax, Nova Scotia.

Jana-Masri, A. & Wester, S.R. (August, 2010). Gender role conflict and attitudes toward seeking professional help in Egypt. Paper presented at the American Psychological Association Convention. San Diego, CA.

Jo, Eunkyung. (August, 2000). Gender role conflict in Korean men. In J.M. O'Neil & G.E. Good (Chairs) Gender role conflict research in the year 2000: Innovative directions. Symposium at the annual meeting of the American Psychological Association, Washington, D.C.

Kim, J., Choi, H., Ha, C. & O'Neil, J.M. (August, 2006). Self esteem, instrumentality, and gender role conflict in Korean college students. In J.M. ' O'Neil, & G.E. Good (chairs). Gender Role Conflict research and diversity - sexual orientation, rehabilitation, nationality. Symposium presented at the American Psychological Association, New Orleans, LA.

Kim, J., Choi, H., Hwang, M. (August, 2008). Masculine gender role conflict and self concealment of Korean adolescent boys. Paper presented at the American Psychological Association Convention, Boston, MA.

Kim, J., Hwang, M., Ryu, J. (August, 2005). Korean male students' sex-dominant majors, gender roles, and career indecision. Paper presented at the American Psychological Association, Washington, D.C.

Kim, J., Park, K., Kim, H., & Choi, H. (August, 2006). Validation of the Korean-version Gender Role Conflict Scale for Adolescents. Paper presented at the American Psychological Association, New Orleans, LA.

Khera, G.S. (July, 2004). Relationship between acculturation and gender role conflict among South Asian men. Paper presented at the annual American Psychological Association Convention, Honolulu, Hawaii.

Lease, S.H., Uruk, A., Boyraz, G., Stancil, B.A., Ovrebo, E., Demir, A., (August, 2007). Structural validity of the Gender Role Conflict Scale - Turkish version. Paper presented at the American Psychological Association, San Francisco, CA.

Mendoza, J. (June, 2000). Male socialization differences between court-ordered and voluntary male clients before treatment. Paper presented at the 61st Annual Convention of the Canadian Psychological Association, Ottawa, ON, Canada.

Nowakowska, A. (September, 2005). Masculine gender role conflict theory: Application in Poland and cross cultural comparison. Paper presented at the European Conference on Interpersonal Violence, Universite Paris 1 - La Sorbonne, Paris, France.

O'Neil, J.M., Owen, S.V., Holmes, S.E., Dolgoplov, N., & Slastenin, V. (August, 1994). Russian-American men's psychological violence toward women: Cross cultural differences. In J.M. O'Neil & G.E. Good (Chairs) Research on men's sexual and psychological assault of women: Programming considerations. Symposium conducted at the American Psychological Association, Los Angeles, CA.

Theodore, H., Lloyd, B.F. & Roufeil, L. (August, 1999). Age, gender role conflict, and psychological well-being in Australian men. In J.M. O'Neil & G.E. Good (Chairs) Gender role conflict research: Studies assessing diversity and psychological factors. Symposium at the annual meeting of the American Psychological Association, Boston, MA.

Thiele, A. (November, 2005). Consequences of male gender roles: Male gender role conflict and stress. In A. Moller-Leimkuhler, M. Vorsitz, S. Kasper, (Chairs). Men and mental health disorders. Symposium German Congress of Psychiatry, Psychotherapies, and Neurology, Berlin, Germany.

Uruk, A.C., Stancil, B.A., Yanchak, K.V., Boyraz, G., Sweeney, J., Ovrebo, E., Demir, A., (August, 2005). Male role norms, relationship intimacy, and Turkish and American men. In S.H. Lease (Chair) Cross-cultural examinations of masculinity-health behaviors, relationships, and coping. Symposium presented at the American Psychological Association convention.

Wester, S.R., Kuo, B.C. & Vogel, D.L. (August, 2005). Multicultural coping: Asian men, gender role conflict, and psychological distress. In S.H. Lease (Chair) Cross-cultural examinations of masculinity-health behaviors, relationships, and coping. Symposium presented at the American Psychological Association convention.

