

**Female Gender Role Conflict Scale**

**Contact Person**

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**Related Publications**

Borthick, M.J. (1997). Gender role conflict and suicidal ideation in an adolescent and young adult population: Age 18-24 year-old. (Doctoral dissertation, Tennessee State University). Dissertation Abstracts International 58, 4437.

**RELEASE FORM FOR THE GENDER ROLE CONFLICT SCALE**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_ ZIP CODE \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ (WORK)  
\_\_\_\_\_ (HOME)

1.  Yes, I plan to use the Gender Role Conflict Scale in my research.

2. Please briefly describe your research project, if possible, including the nature of your sample and any other scales to be used. (Use reverse side if necessary)

3. How many subjects do you expect will complete the GRCS ? \_\_\_\_\_

4. If this research is a supervised undergraduate thesis, masters thesis or doctoral dissertation, who is supervising your research? Please give faculty member's name, address, and phone number.

Name \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (If known) \_\_\_\_\_

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I agree to send the results to the study to Dr. Jim O'Neil upon completion of research to be included on the Gender Role Conflict Research Program Web Page and in any future reviews of the literature on men's gender role conflict. This means sending me copies of the thesis, dissertation, convention presentation, and submitted or published journal articles that describe the research's rationale, methods, results, and discussion.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Retain one copy of this release for your records and before the research is implemented return one to:

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**Gender Role Conflict Scale: Female Version**

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I appreciate the initial testing of the Gender Role Conflict Scale for women by Melinda Borthick of the Department of Psychology, Tennessee State University, Nashville, TN.

Instructions: In the space to the left of each sentence below, write the number which most closely represents the degree that you Agree or Disagree with the statement. There is no right or wrong answer to each statement; your own reaction is what is asked for.

Strongly Agree 6	5	4	3	2	Strongly Disagree 1
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1. \_\_\_\_ Moving up the career ladder is important to me.
2. \_\_\_\_ I have difficulty telling others I care about them.
3. \_\_\_\_ Verbally expressing my love to another woman is difficult for me.
4. \_\_\_\_ I feel torn between my hectic work schedule and caring for my health.
5. \_\_\_\_ Making money is part of my idea of being a successful woman.
6. \_\_\_\_ Strong emotions are difficult for me to understand.
7. \_\_\_\_ Affection with other women makes me tense.
8. \_\_\_\_ I sometimes define my personal value by my career success.
9. \_\_\_\_ Expressing feelings makes me feel open to attack by other people.
10. \_\_\_\_ Expressing my emotions to other women is risky.
11. \_\_\_\_ My career, job or school affects the quality of my leisure or family life.
12. \_\_\_\_ I evaluate other people's value by their level of achievement and success.
13. \_\_\_\_ Talking (about my feelings) during sexual relations is difficult for me.
14. \_\_\_\_ I worry about failing and how it affects my doing well as a woman.
15. \_\_\_\_ I have difficulty expressing my emotional needs to my partner.
16. \_\_\_\_ Women who touch other women make me uncomfortable.
17. \_\_\_\_ Finding time to relax is difficult for me.
18. \_\_\_\_ Doing well all the time is important for me.
19. \_\_\_\_ I have difficulty expressing my tender feelings.
20. \_\_\_\_ Hugging other women is difficult for me.

Strongly  
Agree  
6

5

4

3

2

Strongly  
Disagree  
1

21. \_\_\_\_ I often feel that I need to be in charge of those around me.
22. \_\_\_\_ Telling others of my strong feelings is not part of my sexual behavior.
23. \_\_\_\_ Competing with others is the best way to succeed.
24. \_\_\_\_ Winning is a measure of my value and personal worth.
25. \_\_\_\_ I often have trouble finding words that describe how I am feeling.
26. \_\_\_\_ I am sometimes hesitant to show my affection to women because of how others might perceive me.
27. \_\_\_\_ My needs to work or study keep me from my family or leisure more than I would like.
28. \_\_\_\_ I strive to be more successful than others.
29. \_\_\_\_ I do not like to show my emotions to other people.
30. \_\_\_\_ Telling my partner my feelings about him/her during sex is difficult for me.
31. \_\_\_\_ My work or school often disrupts other parts of my life (home, family, health, leisure).
32. \_\_\_\_ I am often concerned about how others evaluate my performance at work or school.
33. \_\_\_\_ Being very personal with other women makes me feel uncomfortable.
34. \_\_\_\_ Being smarter or physically stronger than other women is important to me.
35. \_\_\_\_ Women who are overly friendly to me make me wonder about their sexual preference (men or women).
36. \_\_\_\_ Overwork and stress, caused by a need to achieve on the job or in school, affects/hurts my life.
37. \_\_\_\_ I like to feel superior to other people.