

Ideal Partner/Husband Gender Role Conflict Scale

Contact Person

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RELEASE FORM FOR THE GENDER ROLE CONFLICT SCALE

NAME _____

ADDRESS _____

_____ **ZIP CODE** _____

E-MAIL ADDRESS _____

PHONE _____ **(WORK)**
_____ **(HOME)**

1. _____ Yes, I plan to use the Gender Role Conflict Scale in my research.

2. Please briefly describe your research project, if possible, including the nature of your sample and any other scales to be used. (Use reverse side if necessary)

3. How many subjects do you expect will complete the GRCS? _____

4. If this research is a supervised undergraduate thesis, masters thesis or doctoral dissertation, who is supervising your research? Please give faculty member's name, address, and phone number.

Name _____

Email _____

Address _____

_____ **Zip Code** _____

Phone (If known) _____

I agree to send the results to the study to Dr. Jim O'Neil upon completion of research to be included on the Gender Role Conflict Research Program Web Page and in any future reviews of the literature on men's gender role conflict. This means sending me copies of the thesis, dissertation, convention presentation, and submitted or published journal articles that describe the research's rationale, methods, results, and discussion.

Signature _____ **Date** _____

Retain one copy of this release for your records and before the research is implemented return one to:

Dr. James M. O'Neil
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20 Vanderbilt Drive
Narragansett, R.I. 02882

Directions: Please read the following items again. This time we would like for you to think about your *ideal* partner and whether you would want or not want each characteristic in that *ideal* partner.

Circle either: - (I would **NOT WANT** this characteristic in my *ideal* partner)

0 (It does not matter to me whether this characteristic is present in my *ideal* partner)

+ (I would **WANT** this characteristic in my *ideal* partner)

- | | | | | |
|---|---|---|-----|---|
| - | 0 | + | 1. | Moving up the career ladder is important to him. |
| - | 0 | + | 2. | He has difficulty telling others he cares about them. |
| - | 0 | + | 3. | Verbally expressing his love to another man is difficult for him. |
| - | 0 | + | 4. | He feels torn between his hectic work schedule and caring for his health. |
| - | 0 | + | 5. | Making money is part of his idea of being a successful man. |
| - | 0 | + | 6. | Strong emotions are difficult for him to understand. |
| - | 0 | + | 7. | Affection with other men makes him tense. |
| - | 0 | + | 8. | He sometimes defines his personal value by his career success. |
| - | 0 | + | 9. | Expressing his feelings makes him feel open to attack by other people. |
| - | 0 | + | 10. | Expressing emotions to other men is risky for him. |
| - | 0 | + | 11. | His career, job, or school affects the quality of his leisure or family life. |
| - | 0 | + | 12. | He evaluates other people's value by their level of achievement and success. |
| - | 0 | + | 13. | Talking (about his feelings) during sexual relations is difficult for him. |
| - | 0 | + | 14. | He worries about failing and how it affects his doing well as a man. |
| - | 0 | + | 15. | He has difficulty expressing his emotional needs to his partner. |
| - | 0 | + | 16. | Men who touch other men make him uncomfortable. |
| - | 0 | + | 17. | Finding time to relax is difficult for him. |
| - | 0 | + | 18. | Doing well all the time is important to him. |
| - | 0 | + | 19. | He has difficulty expressing his tender feelings. |
| - | 0 | + | 20. | Hugging other men is difficult for him. |
| - | 0 | + | 21. | He often feels that he needs to be in charge of those around him. |
| - | 0 | + | 22. | Telling me of his strong feelings is not part of his sexual behavior. |
| - | 0 | + | 23. | He believes that competing with others is the best way to succeed. |
| - | 0 | + | 24. | He believes that winning is a measure of his value and personal worth. |
| - | 0 | + | 25. | He often has trouble finding words that describe how he is feeling. |
| - | 0 | + | 26. | He is sometimes hesitant to show his affection to other men because of how others might perceive him. |
| - | 0 | + | 27. | His needs to work or study keep him from family or leisure more than he would like. |
| - | 0 | + | 28. | He strives to be more successful than others. |
| - | 0 | + | 29. | He does not like to show his emotions to other people. |
| - | 0 | + | 30. | Telling me his feelings about me during sex is difficult for him. |
| - | 0 | + | 31. | His work or school often disrupts other parts of his life (home, health, leisure). |
| - | 0 | + | 32. | He is often concerned about how others evaluate his performance at work or school. |
| - | 0 | + | 33. | Being very personal with other men makes him feel uncomfortable. |
| - | 0 | + | 34. | Being smarter or physically stronger than other men is important to him. |
| - | 0 | + | 35. | Men who are overly friendly to him make him wonder about their sexual preference (men or women). |
| - | 0 | + | 36. | Overwork, and stress, caused by a need to achieve on the job or in school, affects/hurts his life. |
| - | 0 | + | 37. | He likes to feel superior to other people. |

GRCS-W

Directions: Using the following scale, report the degree to which you agree or disagree with the following statements about your husband:

1	2	3	4	5	6
Strongly Disagree	Disagree	Disagree Somewhat	Agree Somewhat	Agree	Strongly Agree

- ___ 1. Moving up the career ladder is important to him.
- ___ 2. He has difficulty telling others he cares about them.
- ___ 3. Verbally expressing his love to another man is difficult for him.
- ___ 4. He feels torn between his hectic work schedule and caring for his health.
- ___ 5. Making money is part of his idea of being a successful man.
- ___ 6. Strong emotions are difficult for him to understand.
- ___ 7. Affection with other men makes him tense.
- ___ 8. He sometimes defines his personal value by his career success.
- ___ 9. Expressing his feelings makes him feel open to attack by other people.
- ___ 10. Expressing emotions to other men is risky for him.
- ___ 11. His career, job, or school affects the quality of his leisure or family life.
- ___ 12. He evaluates other people's value by their level of achievement and success.
- ___ 13. Talking (about his feelings) during sexual relations is difficult for him.
- ___ 14. He worries about failing and how it affects his doing well as a man.
- ___ 15. He has difficulty expressing his emotional needs to his partner.
- ___ 16. Men who touch other men make him uncomfortable.
- ___ 17. Finding time to relax is difficult for him.
- ___ 18. Doing well all the time is important to him.
- ___ 19. He has difficulty expressing his tender feelings.
- ___ 20. Hugging other men is difficult for him.
- ___ 21. He often feels that he needs to be in charge of those around him.
- ___ 22. Telling me of his strong feelings is not part of his sexual behavior.
- ___ 23. He believes that competing with others is the best way to succeed.
- ___ 24. He believes that winning is a measure of his value and personal worth.
- ___ 25. He often has trouble finding words that describe how he is feeling.
- ___ 26. He is sometimes hesitant to show his affection to other men because of how others might perceive him.
- ___ 27. His needs to work or study keep him from family or leisure more than he would like.
- ___ 28. He strives to be more successful than others.
- ___ 29. He does not like to show his emotions to other people.
- ___ 30. Telling me his feelings about me during sex is difficult for him.
- ___ 31. His work or school often disrupts other parts of his life (home, health, leisure).
- ___ 32. He is often concerned about how others evaluate his performance at work or school.
- ___ 33. Being very personal with other men makes him feel uncomfortable.
- ___ 34. Being smarter or physically stronger than other men is important to him.
- ___ 35. Men who are overly friendly to him make him wonder about their sexual preference (men or women).
- ___ 36. Overwork, and stress, caused by a need to achieve on the job or in school, affects/hurts his life.
- ___ 37. He likes to feel superior to other people.