

Gender Neutral Gender Role Conflict Scale

Contact Person

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Related Publications

Holmes, S.M. (2016). The effects on self-objectification and gender role conflict in college student. University Honors Program Theses, 159, Georgia Southern University ([http://; digit commons.georgiasouthern.edu/cgi/viewcontent.Cgi?article=1183+c0ntext=honors-theses](http://digitcommons.georgiasouthern.edu/cgi/viewcontent.Cgi?article=1183+c0ntext=honors-theses)).

RELEASE FORM FOR THE GENDER ROLE CONFLICT SCALE

NAME _____
ADDRESS _____

ZIP CODE _____
E-MAIL ADDRESS _____
PHONE _____ (WORK)
_____ (HOME)

- 1. Yes, I plan to use the Gender Role Conflict Scale in my research.
- 2. Please briefly describe your research project, if possible, including the nature of your sample and any other scales to be used. (Use reverse side if necessary)

3. How many subjects do you expect will complete the GRCS ? _____

4. If this research is a supervised undergraduate thesis, masters thesis or doctoral dissertation, who is supervising your research? Please give faculty member's name, address, and phone number.

Name _____
Email _____
Address _____

Zip Code _____
Phone (If known) _____

I agree to send the results to the study to Dr. Jim O'Neil upon completion of research to be included on the Gender Role Conflict Research Program Web Page and in any future reviews of the literature on men's gender role conflict. This means sending me copies of the thesis, dissertation, convention presentation, and submitted or published journal articles that describe the research's rationale, methods, results, and discussion.

Signature _____ Date _____

Retain one copy of this release for your records and before the research is implemented return one to:

Dr. James M. O'Neil
E-MAIL: Jimoneill@aol.com
OR
20 Vanderbilt Drive
Narragansett, R.I. 02882

Appendix C

Gender Role Conflict Scale (Gender Neutral)

Instructions: In the space to the left of each sentence below, write the number that most closely represents the degree that you Agree or Disagree with the statement. There is no right or wrong answer to each statement; your own reaction is what is asked for.

Strongly
Disagree

Strongly
Agree

1

2

3

4

5

6

1. _____ Moving up the career ladder is important to me.
2. _____ I have difficulty telling others I care about them.
3. _____ Verbally expressing my love to a person of the same gender is difficult for me.
4. _____ I feel torn between my hectic work/academic schedule and caring for my health.
5. _____ Making money is part of my idea of being a successful person.
6. _____ Strong emotions are difficult for me to understand.
7. _____ Affection with other people of the same gender makes me feel tense.
8. _____ I sometimes define my personal value by my career/academic success.
9. _____ Expressing feelings makes me feel open to attack by other people.
10. _____ Expressing my emotions to people of the same gender is risky.
11. _____ My career, job, or school affects the quality of my leisure or family life.
12. _____ I evaluate other people's value by their level of achievement and success.
13. _____ Talking about my feelings during sexual relations is difficult for me.
14. _____ I worry about failing and how it affects my doing well as a person.
15. _____ I have difficulty expressing my emotional needs to my partner.

Strongly
Disagree

Strongly
Agree

1

2

3

4

5

6

16. ____ Men who touch other men make me uncomfortable.
17. ____ Finding time to relax is difficult for me.
18. ____ Doing well all the time is important to me.
19. ____ I have difficulty expressing my tender feelings.
20. ____ Hugging people of the same gender is difficult for me.
21. ____ I often feel that I need to be in charge of those around me.
22. ____ Telling others of my strong feelings is not part of my sexual behavior.
23. ____ Competing with others is the best way to succeed.
24. ____ Winning is a measure of my value and personal worth.
25. ____ I often have trouble finding words that describe how I am feeling.
26. ____ I am sometimes hesitant to show my affection to people of the same gender because of
how others might perceive me.
27. ____ My needs to work or study keep me from my family or leisure more than I would like.
28. ____ I strive to be more successful than others.
29. ____ I do not like to show my emotions to other people.
30. ____ Telling my partner my feelings about him/her during sex is difficult for me.
31. ____ My work or school often disrupts other parts of my life (home, family, health, leisure).
32. ____ I am often concerned about how others evaluate my performance at work or school.
33. ____ Being very personal with other people of the same gender makes me feel uncomfortable.
34. ____ Being smarter or physically stronger than other people of the same gender is important to
me.

Strongly
Disagree

Strongly
Agree

1

2

3

4

5

6

35. ____ When someone of the same gender is over friendly to me, I often wonder about their sexual preference.

36. ____ Overwork and stress caused by a need to achieve on the job or in school, affects/hurts my life.

37. ____ I like to feel superior to other people.

38. ____ Women who touch other women make me feel uncomfortable.