

Male Gender Role Conflict Scale (Short Form)**Contact Person:** Dr. James M. O'Neil E-MAIL: Jimoneil1@aol.com OR 20 Vanderbilt Drive Narragansett, R.I. 02882**Related Publications**Wester, S.R., Vogel, D.L., O'Neil, J.M., & Danforth, L. (2012). Development and evaluation of the Gender Role Conflict Scale Short Form (GRCS-SF). *Psychology of Men and Masculinity*, 13, 199-210.**RELEASE FORM FOR THE GENDER ROLE CONFLICT SCALE**

NAME _____

ADDRESS _____

_____ ZIP CODE _____

E-MAIL ADDRESS _____

PHONE _____ (WORK)

_____ (HOME)

1. ____ Yes, I plan to use the Gender Role Conflict Scale
in my research.

2. Please briefly describe your research project, if possible, including the nature of your sample and any other scales to be used. (Use reverse side if necessary)

3. How many subjects do you expect will complete the GRCS ? _____

4. If this research is a supervised undergraduate thesis, masters thesis or doctoral dissertation, who is supervising your research? Please give faculty member's name, address, and phone number.

Name _____

Email _____

Address _____

_____ Zip Code _____

Phone (If known) _____

I agree to send the results to the study to Dr. Jim O'Neil upon completion of research to be included on the Gender Role Conflict Research Program Web Page and in any future reviews of the literature on men's gender role conflict. This means sending me copies of the thesis, dissertation, convention presentation, and submitted or published journal articles that describe the research's rationale, methods, results, and discussion.

Signature _____ Date _____

Retain one copy of this release for your records and before the research is implemented return one to:Dr. James M. O'Neil
E-MAIL: Jimoneil1@aol.comOR20 Vanderbilt Drive
Narragansett, R.I. 02882

GENDER ROLE CONFLICT SCALE SHORT FORM - (GRCS-SF)

Stephen Wester

James M. O'Neil

David Vogel

Lindsey Danforth

1. Age: _____
2. Educational Level: (Check the highest level that fits you.)
 High School Diploma Freshman Sophomore Junior Senior
 Master's Degree Ph.D. Other
3. Present Marital Status: Married Single Divorced Remarried
4. Race: White Black Hispanic Asian American
5. Sex: Male Female Other

Instructions: In the space to the left of each sentence below, write the number that most closely represents the degree that you Agree or Disagree with the statement. There is no right or wrong answer to each statement; your own reaction is what is asked for.

Strongly Agree						Strongly Disagree
6	5	4	3	2	1	

1. ___ Finding time to relax is difficult for me.
2. ___ Winning is a measure of my value and personal worth
3. ___ Affection with other men makes me tense.
4. ___ I like to feel superior to other people.
5. ___ Talking about my feelings during sexual relations is difficult for me.
6. ___ I have difficulty expressing my emotional needs to my partner.
7. ___ Men who touch other men make me uncomfortable.
8. ___ I have difficulty expressing my tender feelings.
9. ___ Hugging other men is difficult for me.
10. ___ My needs to work or study keep me from my family or leisure more than would like.
11. ___ I strive to be more successful than others.
12. ___ I do not like to show my emotions to other people.
13. ___ My work or school often disrupts other parts of my life (home, family, health leisure).
14. ___ Being very personal with other men makes me feel uncomfortable.
15. ___ Being smarter or physically stronger than other men is important to me.
16. ___ Overwork and stress caused by a need to achieve on the job or in school, affects/hurts my life.

Table 1 Factor Structure of the Gender Role Conflict Short Form (GRCS -SF)

Factor 1 - Success, Power, Competition (4 items)

Items – 2, 4, 11, 15

Factor 2 – Restrictive Emotionality (4 items)

Items – 5, 6, 8, 12

Factor 3 – Restrictive Affectionate Behavior Between Men (4 items)

Items – 3, 7, 9, 14

Factor 4 – Conflicts Between Work and Leisure – Family Relations (4 items)

Items – 1, 10, 13, 16

Total Number of Items = 16

Table 2
 Gender Role Conflict Short Form Items and Loadings from Exploratory Factor Analysis

	Loading
Factor 1: Restricted Emotionality	
5. Talking (about my feelings) during sexual relations is difficult for me.	.70
6. I have difficulty expressing my emotional needs to my partner.	.75
8. I have difficulty expressing my tender feelings.	.75
12. I do not like to show my emotions to other people.	.68
Factor 2: Success, Power, and Competition	
2. Winning is a measure of my value and personal worth.	.70
11. I strive to be more successful than others.	.70
15. Being smarter or physically stronger than other men is important to me.	.70
4. I like to feel superior to other people.	.71
Factor 3: Restrictive Affectionate Behavior Between Men	
3. Affection with other men makes me tense.	.71
7. Men who touch other men make me uncomfortable.	.75
9. Hugging other men is difficult for me.	.75
14. Being very personal with other men makes me feel uncomfortable.	.76
Factor 4: Conflicts Between Work and Family Relations	
1. Finding time to relax is difficult for me.	.63
10. My needs to work or study keep me from my family or leisure more than I would like.	.79
13. My work or school often disrupts other parts of my life (home, health, leisure, etc).	.78
16. Overwork and stress, caused by a need to achieve on the job or in school, affects/hurts my life.	.66

Table 3
Gender Role Conflict Short Form Items and Loadings from Confirmatory Factor Analysis

Measured Variables	Unstandardized Factor Loading	S.E.	Standardized Factor Loading
Factor 1: Restricted Emotionality			
5. Talking (about my feelings) during sexual relations is difficult for me.	1.0	.00	.78
6. I have difficulty expressing my emotional needs to my partner.	.99	.05	.77
8. I have difficulty expressing my tender feelings.	.97	.04	.76
12. I do not like to show my emotions to other people.	.70	.06	.55
Factor 2: Success, Power, and Competition			
2. Winning is a measure of my value and personal worth.	1.1	.01	.65
11. I strive to be more successful than others.	.99	.10	.65
15. Being smarter or physically stronger than other men is important to me.	.97	.10	.63
4. I like to feel superior to other people.	.88	.10	.58
Factor 3: Restrictive Affectionate Behavior Between Men			
3. Affection with other men makes me tense.	1.0	.00	.68
7. Men who touch other men make me uncomfortable.	1.1	.08	.73
9. Hugging other men is difficult for me.	1.2	.08	.77
14. Being very personal with other men makes me feel uncomfortable.	1.14	.08	.77

Table 3 (cont.)
 Gender Role Conflict Short Form Items and Loadings from Confirmatory Factor Analysis

Measured Variables	Unstandardized Factor Loading	S.E.	Standardized Factor Loading
Factor 4: Conflicts Between Work and Family Relations			
1. Finding time to relax is difficult for me.	1.0	.00	.69
10. My needs to work or study keep me from my family or leisure more than I would like.	1.1	.07	.74
13. My work or school often disrupts other parts of my life (home, health, leisure, etc).	1.2	.07	.85
16. Overwork and stress, caused by a need to achieve on the job or in school, affects/hurts my life.	.96	.07	.66

Table 4

Correlations Between the Subscales of the GRCS-I and the GRCS-SF 16

Variable	RE	RAB	CBWF	SPC
RE _(short)	.94*	.53**	.30**	.24**
RAB _(short)	.48**	.93**	.30**	.39**
CBWF _(short)	.29**	.96*	.96*	.38**
SPC _(short)	.23**	.41**	.39**	.90*

Note. “RE” = Restricted Emotionality; “RAB” = Restricted Affectionate Behavior Between Men; “CBWF” = Conflict Between Work and Family Relations; “SPC” = Success, Power, and Competition; “*” = $p \leq .01$; “**” = $p \leq .05$