

Gender Role Journey Measure

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Related Publications

O'Neil, J. M., Egan, J., Owen, S.V., & Murry, V.M. (1993). The gender role journey measure (JRJM): Scale development and psychometric evaluations. *Sex Roles*, 28, 167-185.

RELEASE FORM FOR THE GENDER ROLE CONFLICT SCALE

NAME _____

ADDRESS _____

_____ ZIP CODE _____

E-MAIL ADDRESS _____

PHONE _____ (WORK)
_____ (HOME)

1. Yes, I plan to use the Gender Role Conflict Scale in my research.

2. Please briefly describe your research project, if possible, including the nature of your sample and any other scales to be used. (Use reverse side if necessary)

3. How many subjects do you expect will complete the GRCS? _____

4. If this research is a supervised undergraduate thesis, masters thesis or doctoral dissertation, who is supervising your research? Please give faculty member's name, address, and phone number.

Name _____

Email _____

Address _____

_____ Zip Code _____

Phone (If known) _____

I agree to send the results to the study to Dr. Jim O'Neil upon completion of research to be included on the Gender Role Conflict Research Program Web Page and in any future reviews of the literature on men's gender role conflict. This means sending me copies of the thesis, dissertation, convention presentation, and submitted or published journal articles that describe the research's rationale, methods, results, and discussion.

Signature _____ Date _____

Retain one copy of this release for your records and before the research is implemented return one to:

Dr. James M. O'Neil
E-MAIL: Jimoneil1@aol.com
OR
20 Vanderbilt Drive
Narragansett, R.I. 02882

Gender Role Journey Measure Demographics

1. **Age:** _____

2. **Sex:** _____ Male _____ Female _____ Other

2. **Educational Level:** (Check the highest level that fits you.)

_____ High School Diploma _____ Trade School _____ Associate Degree _____ Freshman
 _____ Sophomore _____ Junior _____ Senior _____ Bachelor Degree _____ Masters Degree
 _____ Ph.D. Degree

_____ Master's Degree _____ Ph.D. _____ Other

3. **Present Marital Status:** _____ Married _____ Single (Never married) _____ Divorced
 _____ Separated _____ Widowed
 _____ Living with partner or spouse

3. **Race/Ethnicity:** _____ White/Caucasian-American _____ African American
 (Check one) _____ Latino American _____ Asian American _____ Native American/Indian
 _____ Pacific Islander _____ Bi-Multiracial _____
 _____ Other (Please specify) _____

4. **Please check your socioeconomic level:**

_____ Lower class _____ Working class _____ Middle class _____ Upper Middle Class
 _____ Upper class

Gender Role Journey Measure

Instructions: Below you will find a series of statements about men and women. Please read each statement carefully and decide to what extent you agree or disagree with the statement. Please answer with your opinion, not what society says.

All responses are confidential and there are no “right or wrong” answers. Please answer in the way that best describes your opinion your name

Please do not omit any statement. Remember to select only one answer for the six possible choices.

In the space to the left of each sentence below, write the number that most closely represents the degree that you Agree or Disagree with the statement. There is no right or wrong answer to each statement; your own reaction is what is asked for.

Strongly Agree						Strongly Disagree
6	5	4	3	2	1	

- ___ 1. I sometimes feel confused about my role
as a man or woman.
- ___ 2. I can face my personal pain about sexism
and act on it.
- ___ 3. It is not masculine for men to show weakness.
- ___ 4. I reflect on my feelings about gender role
conflict and then act on them.
- ___ 5. Sexism hurts people and it must stop now. *
- ___ 6. I use my knowledge about sexism to make a
difference in my life.
- ___ 7. Sometimes I want to change my gender role,
but I am afraid to.
-

Strongly
Agree
6

5

4

3

2

Strongly
Disagree
1

- ___ 8. Men should make the major money decisions for the family.
- ___ 9. I am afraid to question why I am restricted from doing things because of being male or female.
- ___ 10. I use my anger about sexism in positive ways.
- ___ 11. I feel inner strength and power because of my gender role freedom
- ___ 12. I cannot always pinpoint why I am angry about sexism
- ___ 13. Feminists have caused the problems between men and women.
- ___ 14. I feel angry when sexist remarks are made. *
- ___ 15. I want to do something about sexism, but I am unsure how to.
- ___ 16. I express my anger and frustration due to sexism
- ___ 17. I need help from people who are stronger than I am to change my gender role.
- ___ 18. I feel less restricted because of gender role changes I am making.
- ___ 19. When I express my anger over sexism, I experience more conflict.

Strongly Agree 6	5	4	3	2	1 Strongly Disagree
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- ___ 20. I sometimes feel confused about gender roles.
- ___ 21. I am responsible for changing restrictive gender roles.
- ___ 22. I feel gender role freedom in my relationships.*
- ___ 23. Men should be in charge at work.
- ___ 24. I feel powerless to do anything to prevent sexism. *
- ___ 25. Women should be the primary caretakers of children
- ___ 26. It is not feminine for women to be aggressive.
- ___ 27. I have taken some actions in my personal life to reduce sexism.
- ___ 28. I teach people ways to overcome gender role conflict and sexism.
- ___ 29. I feel consumed by my anger about sexism.
- ___ 30. I structure my life to be free of gender role stereotypes.
- ___ 31. I feel upset when people don't accept men as superior to women.
- ___ 32. I feel angry that women are discriminated against. *

___ 33. Sexism is not a problem for me. *

___ 34. When I get angry about sexism, I want to fight
back.

* Indicates A Reverse Scored Item

Factor and Item Structure of the Gender Role Journey Measure

Factor 1: Acceptance of Traditional Gender Roles

Item Stem (N=10)

Items: 3, 5 **RS**, 8, 13, 14 **RS**, 23, 25, 26, 31, 32 **RS**

Factor 2: Gender Role Ambivalence, Confusion, Anger, and Fear

Item Stems (N=11)

Items: 1, 7, 9, 12, 15, 17, 19, 20, 22 **RS**, 29, 33 **RS**

Factor 3: Personal-Professional Activism and Celebration

Item Stems (N=13)

2, 4, 6, 10, 11, 16, 18, 21, 24 **RS**, 27, 28, 30, 34

RS = Indicates items that are reversed-scored

Factor Structure of the Gender Role Journey Measure

Factor 1: Acceptance of Traditional Gender Roles

Item Stem (N=10)	Loadings
23. Men should be in charge at work.	.82
8. Men should make the major money decisions for the family.	.73
31. I feel upset when people don't accept men as superior to women.	.67
25. Women should be the primary caretakers of children.	.56
32. I feel angry that women are discriminated against.	.56*
13. Feminists have caused the problems between men and women.	.55
14. I feel angry when sexist remarks are made.	.53*
3. It is not masculine for men to show weakness.	.52
26. It is not feminine for women to be aggressive.	.51
5. Sexism hurts people and it must stop now.	.41*

Factor 2: Gender Role Ambivalence, Confusion, Anger, and Fear

Item Stems (N=11)	Loadings
1. I sometimes feel confused about gender roles.	.68
20. I sometimes feel confused about my role as a man or woman.	.58
17. I need help from people who are stronger than I am to change my gender role.	.60
7. Sometimes I want to change my gender role, but I am afraid to.	.52
19. When I express my anger over sexism, I experience more conflict.	.46
33. Sexism is not a problem for me.	.44*
15. I want to do something about sexism, but I am unsure how to.	.43
29. I feel consumed by my anger about sexism.	.43
12. I cannot always pinpoint why I am angry about sexism.	.40
22. I feel gender role freedom in my relationships.	.36*
9. I am afraid to question why I am restricted from doing things because of being male or female.	.36

* Indicates items that are reversed-scored

Factor 3: Personal-Professional Activism and Celebration

Item Stems (N=13)	Loadings
6. I use my knowledge about sexism to make a difference in my life.	.69
4. I reflect on my feelings about gender role conflict and then act on them.	.61
28. I teach people ways to overcome gender role conflict and sexism.	.66
27. I have taken some actions in my personal life to reduce sexism.	.62
10. I use my anger about sexism in positive ways.	.61
11. I feel inner strength and power because of my gender role freedom.	.56
2. I can face my personal pain about sexism and act on it.	.54
21. I am responsible for changing restrictive gender roles.	.54
18. I feel less restricted because of gender role changes I am making.	.52
16. I express my anger and frustration due to sexism	.50
30. I structure my life to be free of gender role stereotypes.	.47
34. When I get angry about sexism, I want to fight back.	.47
24. I feel powerless to do anything to prevent sexism.	.44*

* Indicates items that are reversed-scored