Male Gender Role Conflict Checklist

Co	nta	ct	Pe	rs	on

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RELEASE FORM FOR THE O	GENDER ROLE CONFLICT SCALE	
NAME	. · ·	
ADDRESS		
	ZIP CODE	-
E-MAIL ADDRESS		<u>,</u>
PHONE	(WORK)	
	(HOME)	
1. Yes, I plan to use the G	ender Role Conflict Scale	
tn my research.		
4. If this research is a supervise	expect will complete the GRCS ?ed undergraduate thesis, masters thesis or documents or documents and phone number.	ctoral dissertation, who is supervising your
Address		
	Zip Code	
Phone (If known)		
Conflict Research Program We	dissertation, convention presentation, and su	ature on men's gender role conflict. This means

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Retain one copy of this release for your records and before the research is implemented return one to:

<u>Instruction:</u> Please read the following definitions and respond to the three questions below by checking one of the categories.

- 1. <u>Restrictive Emotionality</u> Having difficulty expressing one's own feelings or denying others their rights to emotional expressiveness.
- 2. <u>Homophobia</u> Having fears of homosexuals or fear of being homosexual including beliefs, myths, and stereotypes about gay people.
- 3. Control To regulate, restrain, or to have others or situations under one's command.
- 4. Power To obtain authority, influence, or ascendancy over others.
- 5. Competition Striving against others to win or gain something.
- 6. Restricted Sexual and Affectionate Behavior Having limited ways of expressing one's sexuality and affection to others.
- 7. Obsession With Achievement and Success- Having a disturbing and persistent preoccupation with work, accomplishment, and eminence as a means of substantiating and demonstrating value.
- 8. <u>Health Care Problems</u> Having difficulties maintaining positive health care in terms of diet, exercise, relaxation, stress, and a healthy lifestyle.

I. In the last four weeks, to what extent have you observed the following gender role conflicts affect men.

·	Very Much	Much	Some	A Little	None	Unsure
1. Restrictive Emotionality	·					-
2. Homophobia						
3. Control				<u> </u>		
4. Power						
5. Competition						
6. Restricted Sexual						
And Affectionate Behavior						
7. Obsession with Achievement and Success						;
8. Health Care Problems						
personally.	Very Much	Much	Some	A Little	None	Unsure
1. Restrictive Emotionality						
2. Homophobia						
3. Control 4. Power						
						
5. Competition						
6. Restricted Sexual						
And Affectionate Behavior						
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