

Women Gender Role Conflict Checklist

Contact Person

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RELEASE FORM FOR THE GENDER ROLE CONFLICT SCALE

NAME _____

ADDRESS _____

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PHONE _____ (WORK)
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1. Yes, I plan to use the Gender Role Conflict Scale
in my research.

2. Please briefly describe your research project, if possible, including the nature of your sample and any other scales to be used. (Use reverse side if necessary)

3. How many subjects do you expect will complete the GRCS? _____

4. If this research is a supervised undergraduate thesis, masters thesis or doctoral dissertation, who is supervising your research? Please give faculty member's name, address, and phone number.

Name _____

Email _____

Address _____

_____ Zip Code _____

Phone (If known) _____

I agree to send the results to the study to Dr. Jim O'Neil upon completion of research to be included on the Gender Role Conflict Research Program Web Page and in any future reviews of the literature on men's gender role conflict. This means sending me copies of the thesis, dissertation, convention presentation, and submitted or published journal articles that describe the research's rationale, methods, results, and discussion.

Signature _____ Date _____

Retain one copy of this release for your records and before the research is implemented return one to:

Dr. James M. O'Neil
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20 Vanderbilt Drive
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Women's Gender Role Conflict Inventory

Instructions:

Gender role conflict is a psychological state where gender roles have negative consequences or impact on the person or others. The ultimate outcomes of this conflict are the restriction, devaluation, or violation of a person's ability to actualize their human potential.

Below are fourteen patterns of gender role conflict that women have reported from their gender role socialization. Please rate whether these patterns have affected you in the present or past using the following scale.

Strong Effect	Moderate Effect	Weak Effect	No Effect	Unsure of Effect
5	4	3	2	1

- ___ 1. **Emotionality**- Expression of intense feelings leading to personal vulnerability and devaluation because of loss of control.
- ___ 2. **Noncompetitiveness**- Inability or decision not to strive against others to win or gain something.
- ___ 3. **Guilt**- Self-devaluation for failing to meet self or other's expectations.
- ___ 4. **Powerlessness**- Inability to use one's own resources in order to have authority, control, and influence.
- ___ 5. **Loss Of Control**- Inability to regulate, restrain, or have others or situations under one's command.
- ___ 6. **Lack Of Confidence**- Lack of trust in one's abilities and potential to be a success.
- ___ 7. **Fear of Failure**- Fear of being seen or judged as inadequate or unsuccessful.
- ___ 8. **Role Conflict**- Feelings of frustration over being pulled in opposite directions by your roles.
- ___ 9. **Fear of Success**- Avoiding success because of possible negative consequences.
- ___ 10. **Lack of Assertiveness**- Inability to express yourself and to act in your own best interest.
- ___ 11. **Sexualized Behavior**- Use of sexual, sensual, or seductive behavior to obtain a goal, power, or control.
- ___ 12. **Dependency**- Reliance on others that limits your own individuality, growth and place in the world.
- ___ 13. **Homophobia**- Fears and biases about gay and lesbian people that limits your contact with others and causes devaluation of either sex.
- ___ 14. **Health Care Problems**- Having difficulties maintaining positive physical and emotional health care in terms of work, diet, exercise, relaxation, stress, and interpersonal relations.